



prep the night before the morning rush



Set Out Clean Outfits

- Underwear
- Socks
- Shirt
- Pants
- Shoes
- Outerwear



Plan Breakfast

- Bowls, Plates, Cups
- Ready Nonperishables
- Agree on a Well-Balanced Meal



Fill Backpacks

- Signed Papers
- Homework
- Projects
- Supplies



Pack Sports Bags

- Gym Clothes
- Uniforms
- Sneakers



Put Big Items By the Front Door

- Sports Equipment
- Musical Instrument
- Large Presentation

